

Physical Education Resources



[PHIT America YouTube Channel](#)

- 50 videos to you to use and learn about PHIT America and our campaigns

MOST IMPORTANT JOB IN AMERICA Campaign

- [Main Web Page with the Super Seven Benefits of a PE Teacher](#)
- [Tools for the MIJA Campaign](#)
- [Introduction Video](#)
- [Promote to America, Education Community, etc.](#)
 - Still Images for America
 - Videos for America
 - Flyers for Parents
 - Expert Videos
- See in Row 4 of the Videos on the MIJA Campaign on [PHIT America's YouTube Channel](#)
- Campaign for Palm Beach County
 - Social Media - [HERE](#)
 - Webpage – [PBC.PHITAmerica.org](#)
- Campaign for DuPage County
 - Social Media - [HERE](#)
- Campaign for the State of Washington
 - Social Media - [HERE](#)
 - Webpage – [Wash.PHITAmerica.org](#)

BENEFITS OF PHYSICAL EDUCATION AND PHYSICAL ACTIVITY

- Benefits of PE Teachers and Programs - [HERE](#)
- IMPROVED HEALTH - [HERE](#)
- ACADEMIC IMPROVEMENT & RESEARCH - [HERE](#)
- National Security - [HERE](#)

THE MIRACLE DRUG CAMPAIGN

- The 10 Life-Long Benefits of Physical Activity – [TheMiracleDrug.org](#)

PHIT AMERICA PROGRAMS

- Videos on our 3 Programs – [Row 3 on the YouTube Channel](#)
- More Detail on AMPED, PLAY TENNIS and PLAY GOLF - [HERE](#)
- Application for our programs - [HERE](#)

THE 'INACTIVITY PANDEMIC' – [InactivityPandemic.org](#)

- FACTS AND FIGURES WITH SOURCES – GREAT INFORMATION TO USE – [HERE](#)

CHINA vs. USA KIDS

- Campaign – [HERE](#)